

AUSTRIAN INTERNATIONAL SHOTOKAN CHAMPIONSHIP 2026

- Location:** Attergauer Freizeitzentrum
4880 St. Georgen im Attergau, Pausingergasse 26
- How to get there:** Autobahn A1 Vienna – Salzburg; exit St. Georgen im Attergau
- Date:** Saturday, **May 30, 2026**,
Check-in opens at 8.00 a.m.; Competitions start at 9:00 a.m.
- Draw:** Available online: www.sportdata.org, beginning Friday, **May 29, 2026**.
- Competitions:** **Kata & Kumite (ESKA Competition Rules)**
- Kata and Kumite (individual) Category:**
YOUTH LADIES – YOUTH MEN (age 14-15)
14/15-year-old can participate in Cadet Kata categories (but not Kumite)
- CADET LADIES – CADET MEN (age 16-17)
Cadets can participate in Junior Kata and Kumite categories
- JUNIOR LADIES – JUNIOR MEN (age 16-20)
Juniors can participate in Senior Kata and Kumite categories
- SENIOR LADIES – SENIOR MEN (age 18 and older)
- Kata Team Category:**
JUNIOR LADIES – JUNIOR MEN (age 14-20)
SENIOR LADIES – SENIOR MEN (age 16 and older)
- Kumite Team Category:**
CADET LADIES – CADET MEN (age 16-17)
JUNIOR LADIES – JUNIOR MEN (age 16-20)
SENIOR LADIES – SENIOR MEN (age 18 and older)
- Additional competitions Kata individual & team (male and female)**
U10, U12, U14, Teams only U12 and U14
Kata Individual 35+ (minimum age)
(ESKA competition rules with certain adjustments)
- Limits:** No limits in Kata. However, Kata must be performed according to the rules (see “rules Kata”).

Authorization: Austrian athletes must be registered with an ÖKB club and the club mustn't have any outstanding debts. Athletes must have a valid ÖKB-membership card with a valid stamp, a physical examination certificate (including date and doctor's signature), an Austrian passport or ID-card („Personalausweis“) and a certificate of registration. These documents must be handed in at the check-in counter or uploaded on MYDOJO.

All international athletes, who are registered with an approved international Karate club (EKF, WKF, WSKA or ESKA), are allowed to participate in this championship. A valid membership card must be shown at check-in.

Age groups: Reference date for all age groups is **May 30, 2026**

Kata Rules: **ESKA Competition Rules** with certain adjustments for U10 – U14:

Individual Competitions:

In the preliminary rounds of the contest (more than 8 competitors), the main referee announces the kata (see list of katas) and the two competitors have to perform the kata **at the same time** (standing next to each other). The referees then use the flags to announce the winner.

Rounds with 8 competitors (and fewer): Each competitor chooses a kata from the list of katas and the referees use points to assess the performance. The four competitors with the highest score then reach the final round of the contest. In the finale, competitors can perform a kata of their choice.

List of Katas:

U10, U12, U14:

More than 8 competitors: Taikyoku 1, Heian 1–2

8 competitors and fewer – referees assess performance using points; athletes can choose their kata: **Taikyoku 1, Heian 1–5**

Finale (4 competitors): competitors can perform a Shotokan kata of their choice– however, it may not be the kata which was last performed!

YOUTH, CADET, JUNIOR, SENIOR and Kata Individual +35:

16 competitors and more: Heian 2 – 5, Tekki Shodan

8 to 16 competitors: Jion, Kanku Dai, Bassai Dai, Empi

8 competitors and fewer – referees use points to assess performance: Jion, Kanku Dai, Bassai Dai, Empi, Hangetsu

Finale (4 competitors): competitors can perform a Shotokan kata of their choice– however, it may not be the kata which was last performed!

Team competitions:

Referees use points to assess the performance of each team. If there are more than 4 teams, there will be preliminary rounds.

In the final round (4 teams), teams must perform a different kata than in the preliminary round. No Bunkai.

Kumite Rules: ESKA –Competition Rules (Shobu Ippon)

Protective Gear (according to ESKA rules):

Obligatory: white Kumite gloves, gumshield, jockstrap for male competitors as well as breast protector for female competitors. Shin guards are prohibited!

Belts: Shiro (white) and Aka (red)

Coaches must wear a tracksuit during the competition.

Athletes who have won a medal must wear a Karategi or a tracksuit during the medal ceremony.

Registration: Open until May 24, 2026; online: www.sportdata.org

Fee: € 35 per individual entry; € 35 per team entry.

The fees must be paid by the final date of registration.
No refunds after the final date of registration.

Bank account:

Sportunion St. Georgen - Sektion Karate
IBAN: AT67 3452 3000 0006 8809 – BIC: RZOOAT2L523

The registration will only be accepted if the registration fee has been paid.

Liability: The organizer and those people responsible for organizing the event do not accept liability for any damages and injuries caused in the case of the event. Participation in the championship is at one's own risk. The athletes are obliged to follow the instructions of the organizing committee.

Referees: Authorized ÖKB-referees and verified referees from approved international Karate clubs

The Austrian Anti-Doping Bill (latest version) will be in force at the Austrian International Shotokan Championship in St. Georgen.

For further information, go online: office@karate-attergau.com

For your accommodation and vacation planning:

Tourismusverband Attersee – Attergau

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Best regards,

KARATE UPPERAUSTRIA
President

Union Sportclub Attergau
Sektion Karate

Mag. Ewald Roth

Georg Schachl, MBA